

TCL Workshop Selection Sheet

(Important: Be sure to complete and bring this sheet with you to TCL.)

NAME: _____ Parish/ School: _____

Please use these sheets to prepare for selection of your TCL Workshops. Consider what would be most helpful to you in the roles you fill in your parish or school. Your youth minister or adult advisor can help you figure this out, so be sure to consult with that person in advance of TCL.

You can mix workshops as you wish. However, if you fill a particular role, you may wish to attend all of the workshops with a similar focus (e.g. prayer) for that particular kind of leader.

Upon your arrival to TCL you will have the opportunity to officially sign-up for your selected workshops. There is limited space for each workshop. They are filled on a first come, first served basis. Therefore it is recommended that you select *a first choice* for each of the workshop periods, then be sure to note *a second choice*, in case your first choice gets closed out.

For each of the following three workshop periods place a "1" next to your first choice, and a "2" next to your second choice. Use the attached workshop descriptions to help make your decision, and consult with your youth minister or adult advisor before you make a final decision.

Workshop Period One

- ____ Apologetics: Defending Your Faith
- ____ Evangelization: Let the World Know
- ____ Prayer & You: Deepening Your Relationship with God
- ____ Care of the Leader: Time Management

Workshop Period Two

- ____ Speaking Up & Out
- ____ Active Learning
- ____ Prayer Planning
- ____ Leading Faith-Sharing Groups

Workshop Period Three

- ____ Be An Effective Core Team Member
- ____ B.O.A.S.T. about Community
- ____ The Fine Art of Leading Prayer
- ____ Helping When a Friend is in Crisis

<p>Note: Bring this sheet with you to TCL. This will help you accurately transfer your selections to the Workshop Sign-Up Sheets at TCL</p>
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TCL Workshop Descriptions

Workshop Period One

Apologetics: Defending Your Faith

Young leaders need to have the knowledge of their faith and the confidence and competence to speak in defense of when needed. This workshop will help young people develop the skills and the confidence to better articulate their faith when questioned about their Catholic beliefs.

Evangelization: Let the World Know

Sharing your faith with others can be uncomfortable and challenging at times. Young leaders need to be open to opportunities to witness their faith to others. This workshop will help develop skills to proclaim the Good News in healthy and positive ways.

Prayer & You: Deepening Your Relationship with God

As a young leader in youth ministry, having a living, growing relationship with God is a must, but it's difficult to sustain that relationship in the busyness of school, work, sports, extra-curriculars, etc. This workshop will help develop and deepen that all-important relationship with God.

Care of the Leader: Time Management

Many young leaders are overwhelmed and overextended by the activities they are involved in. Young leaders need to set priorities that are purpose driven and seek faith-filled balance in caring for themselves. This workshop will help one set priorities and identify a personal mission statement.

Workshop Period Two

Speaking Up & Out

Young leaders need to have the confidence and competence to speak well and communicate with authority, in front of peers and adults, in small groups and large groups. This workshop will help young people develop the skills and the confidence to speak up and out – from a faith perspective.

Active Learning

How do you avoid the “B” word (“This is soooo booooooring!”) and keep your learning sessions fresh, creative, interesting and engaging? Active learning is the ticket, and this workshop explores how to use active learning to ban the “B” word forever!

Prayer Planning

Young leaders are often called upon to pray, to lead prayer, and even to plan prayer services. This workshop provides the tools and skills to plan a great prayer service – for peers or adults, or a mix of both.

Tips & Tools for Better Meetings

Nobody likes to go to meetings where no one's paying attention, everyone's talking and little is accomplished. In this workshop, young leaders will learn the secrets of effectively planning and leading meetings.

Leading Faith-Sharing Groups

To lead a faith-sharing group is a whole different challenge from leading a planning meeting or a learning session. Young leaders are often called upon to lead these kinds of groups, especially in retreats. This workshop provides the unique insights and skills to help young leaders effectively facilitate faith-sharing groups.

Workshop Period Three

Be An Effective Core Team Member

How do you maximize your contribution to the team, while minimizing those things that prevent a group from attaining its goals? Come to this workshop to learn how to become a better, more effective team member – and to develop better, more effective teams!

B.O.A.S.T. about Community

Building community is a vital skill for anyone who wants to bring people together in faith to make great things happen. This workshop unfolds a tried-and-true model of community-building that step-by-step leads a group to greater trust, depth and capability for action.

The Fine Art of Leading Prayer

It's both an art and a skill to be an effective leader of prayer. This workshop explores how to develop the confidence and capability to lead groups of peers and adults in prayer - without breaking a sweat!

Helping When a Friend is in Crisis

What do you say or do when a friend comes to you in serious trouble, or even threatening suicide? This workshop covers basic listening/communication skills and provides the insights and the tools to respond in a way that gets real help and could actually save a life.